## Keep Track of Time

Successful students attend school regularly, with support from all of us at school, home and the community. Track missed days here:

### Satisfactory Attendance

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### Moderate Chronic Absence, Ask for Help

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### Too Sick for School?

#### Students can go to school if:
- They have a runny nose or little cough, but no other symptoms.
- They haven't taken any fever-reducing medicine for 24 hours, and have been fever-free during that time.
- They haven't thrown up or had diarrhea for 24 hours.

#### Keep students home if:
- They have a temperature higher than 100.5 degrees even after taking medicine.
- They are throwing up or have diarrhea.
- Their eyes are pink and crusty.

#### Call the doctor if:
- They have a temperature higher than 100.5 degrees for more than two days.
- They’ve been throwing up or have diarrhea for more than two days.
- They’ve had the sniffles for more than a week, and aren’t getting better.

These are generally accepted guidelines. Every body is different. If you are unsure, ask your health care provider or call your school.

**More resources:** Visit your school district’s website for more information or visit Every-Day-Matters.org.